

Pos	Name (No)	Club	Time	Gender	Cat
1	Iain Twaddle (527)	North Shields Poly	41.31	M	
2	Gary Grounds (301)	Billingham Marsh House Har	42.39	M	
3	Conrad Franks (353)	Gateshead Harriers	42.45	M	
4	Patrick Duffy (407)	Crook AC	42.51	M	
5	Will Horsley (241)	Elvet Striders	43.14	M	
6	Stephen Grey (91)	Elswick Harriers	44.23	M	O40
7	Paul Redman (219)	Sunderland Harriers	44.29	M	O40
8	Gerald Bishop (483)	Low Fell RC	44.38	M	
9	Ian Bromley (503)	Tynedale Harriers	44.41	M	
10	James Askew (482)	Newton Aycliffe AC	44.54	M	
11	Michael Jones (204)	South Shields	45.11	M	O40
12	Mick Rennison (541)	Sunderland Strollers	45.13	M	O40
13	George Arthur (307)	South Shields	45.27	M	O40
14	Ken Bell (401)	Sunderland Harriers	45.32	M	O40
15	Tim Allsop (32)	Sunderland Strollers	45.46	M	O40
16	Chris Sanderson (528)	PB Fitness	46.01	M	
17	Phil Vincent (82)	Tynedale Harriers	46.05	M	
18	Graham Burns (395)	Blackhill Bounders	46.22	M	O40
19	Vaughan Hemy (298)	North Shields Poly	46.3	M	O40
20	Ronnie Coupland (510)	Tynedale Harriers	46.37	M	
21	Stuart Norman (489)	Gosforth Harriers	46.39	M	
22	Craig Birch (253)	Blyth RC	46.58	M	
23	Jenny Watts (486)	Unattached	47.04	F	
24	David Mcallister (54)	Heaton Harriers	47.11	M	O40
25	Chris Auld (130)	Heaton Harriers	47.21	M	
26	Darren Clarkson (515)	Billingham Marsh House Har	47.25	M	
27	Gavin Sword (197)	Sunderland Strollers	47.28	M	O40
28	John Stephens (501)	Low Fell RC	47.3	M	O50
29	Mick Proud (487)	British Triathlon	47.5	M	O40
30	Sonia Morely (134)	Tynedale Harriers	47.59	F	O35
31	Jim Thompson (190)	Saltwell Harriers	48.07	M	O40
32	Hugh Bingham (99)	Tynedale Harriers	48.15	M	O40
33	Phil Smith (502)	Unattached	48.28	M	
34	Mike Winter (129)	Morpeth Harriers	48.37	M	
35	Ian Brown (336)	Tynedale Harriers	48.4	M	O50
36	Kirsty Anderson (403)	Unattached	48.41	F	O35
37	Micheal Bunn (221)	Jarrow & Hebburn AC	48.42	M	O50
38	Dan Inglis (459)	Newton Aycliffe AC	48.44	M	
39	Lawrence Johnson (518)	Low Fell RC	48.47	M	O40
40	Kevin Lister (2)	Unattached	48.48	M	
41	Johnjackson Taylor (57)	PB Fitness	48.54	M	
42	Jo Zoppi (81)	Heaton Harriers	48.56	F	
43	Brian Jacobson (361)	Unattached	49.05	M	O40
44	Tom Ford (532)	Saltwell Harriers	49.13	M	
45	Mark Wilkinson (360)	Unattached	49.25	M	
46	Chris Haswell (135)	PB Fitness	49.26	M	
47	Shaun Dunlop (450)	Low Fell RC	49.31	M	O40
48	Richard Tait (511)	Unattached	49.37	M	
49	Claire Jackson (249)	Allen Valley Striders	49.57	F	O45
50	Michael Armstrong (536)	Sunderland Strollers	49.59	M	O40
51	Louise Hayes (315)	North Shields Poly	50.01	F	O35
52	Christine Frazer (463)	Unattached	50.08	F	
53	George Reid (504)	Newton Aycliffe AC	50.1	M	O50
54	Mick Mingstons (184)	Unattached	50.11	M	
55	Richard Campbell (289)	Newton Aycliffe AC	50.14	M	
56	David Boardman (399)	Heaton Harriers	50.17	M	O50

57	Jonathan Stevens (448)	Tynedale Harriers	50.19	M	
58	Kay Wannop (413)	Unattached	50.2	F	O45
59	Martin Brooks (539)	Sunderland Strollers	50.21	M	
60	Carl Watson (416)	Low Fell RC	50.22	M	O40
61	Paul Inskip (108)	Heaton Harriers	50.26	M	O40
62	Marcus Byron (318)	Tynedale Harriers	50.3	M	O40
63	Simon Dunn (359)	North Shields Poly	50.31	M	
64	Gary Carter (210)	Billingham Marsh House Har	50.34	M	
65	Scott Baker (569)	Sunderland Strollers	50.42	M	
66	Steve Gillespie (257)	Blyth RC	50.45	M	O50
67	Robert Bewick (379)	Unattached	50.52	M	O40
68	Chris Redfern (512)	Saltwell Harriers	51.05	M	O40
69	Shuan Roberts (464)	Elvet Striders	51.16	M	O50
70	Steven Richardson (263)	Blyth RC	51.17	M	O40
71	Ian Middlemas (33)	Unattached	51.19	M	
72	Matt Cawood (455)	Tynedale Harriers	51.21	M	
73	Jack Rose (421)	Unattached	51.26	M	
74	Ian Mcdonald (117)	Jesmond Joggers	51.46	M	O40
75	Joanne Lee (200)	Tynedale Harriers	51.57	F	O35
76	Anthony Hunt (68)	Durham City	52.04	M	O40
77	Graham Barker (442)	Unattached	52.1	M	O40
78	Andrew Callcott (39)	PB Fitness	52.21	M	O40
79	Sarah Lister (406)	Blackhill Bounders	52.24	F	
80	Matthew Campbell (402)	Low Fell RC	52.25	M	
81	Ean Parsons (410)	Sedgefield Harriers	52.26	M	O50
82	Bernard Kivlehan (202)	Northumberland Fell Runners	52.3	M	
83	Chris Sumsion (418)	Unattached	52.33	M	O40
84	Mark Murphy (348)	Unattached	52.41	M	
85	Matthew Kingston (514)	Claremont R.R.	52.44	M	
86	Shaun Dodd (256)	Blyth RC	52.46	M	
87	Rachel Chinnery (281)	Tynedale Harriers	52.5	F	O35
88	Colin Winter (65)	Unattached	52.56	M	
89	Philip Goode (226)	Saltwell Harriers	52.58	M	
90	Richard Sill (388)	Morpeth Harriers	53.05	M	O50
91	Eric Lewis (383)	Blaydon Harriers	53.08	M	O40
92	Fiona Knox (319)	Unattached	53.13	F	
93	Stephen Gill (547)	Sunderland Strollers	53.16	M	
94	Richard Ponton (37)	Unattached	53.27	M	
95	Andy Fowler (208)	Unattached	53.33	M	
96	Chris Hainsworth (390)	Gateshead Harriers	53.34	M	
97	Steve Moss (232)	Teesdale AC	53.42	M	O50
98	David Lawson (377)	Durham Triathlon Club	53.44	M	
99	Ben Dobson (461)	Houghton & Peterlee AC	53.45	M	O40
100	Philip Inglehearn (151)	Unattached	53.49	M	O50
101	Phillip Colver (526)	Elswick Harriers	53.51	M	
102	Colin Phillipson (44)	PB Fitness	53.53	M	
103	Keith Brewis (368)	Unattached	53.54	M	O60
104	Jamie Steel (517)	Elvet Striders	53.55	M	
105	Peter Graham (247)	Tynedale Harriers	53.57	M	O50
106	Dianne Ford (352)	Unattached	54.02	F	O35
107	Maggie Loraine (211)	Gateshead Harriers	54.1	F	O45
108	Dave Dale (46)	Heaton Harriers	54.13	M	
109	Stephanie Scott (185)	Tynedale Harriers	54.19	F	O35
110	John Marshall (299)	Heaton Harriers	54.2	M	O50
111	Ian Richardson (42)	Gosforth Harriers	54.25	M	O50
112	Claire Bruce (22)	Morpeth Harriers	54.27	F	O35
113	Steve Walker (265)	Blyth RC	54.34	M	O50
114	Andrew Smith (137)	Gateshead Harriers	54.35	M	O50
115	Paramjit Bhogal (404)	Heaton Harriers	54.35	M	

116	Brian Vale (214)	Saltwell Harriers	54.36	M	
117	Daniel Birchall (282)	Unattached	54.39	M	O40
118	Dean Robson (27)	Sunderland Strollers	54.41	M	
119	Charles Hall (242)	Unattached	54.43	M	O50
120	Neil Alderman (162)	Unattached	54.46	M	O50
121	Edward Baty (34)	Heaton Harriers	54.53	M	O50
122	Philip Haslam (484)	Jesmond Joggers	54.55	M	O40
123	Dave Logan(261)	Blyth	54.57	M	
124	Moyra Magowan (139)	Sunderland Strollers	55.03	F	O45
125	Carol Heycock (212)	Unattached	55.09	F	O45
126	Clive Kelly (51)	Unattached	55.09	M	O50
127	Ian David Mason (479)	Unattached	55.11	M	O50
128	Andrew Robson (376)	Durham Triathlon Club	55.12	M	
129	Michael Jones (198)	Unattached	55.14	M	
130	Peter Mason (386)	Unattached	55.15	M	
131	Simon Baudouin (205)	Gateshead Harriers	55.16	M	O50
132	Phillip Hilton-west (317)	Unattached	55.18	M	
133	Stephen Westwood (428)	Unattached	55.21	M	
134	Chris Kennedy (419)	Saltwell Harriers	55.23	M	
135	Katy Weatherhead (470)	Unattached	55.24	F	O35
136	Matthew Jones (275)	Sedgefield Harriers	55.27	M	
137	Richard Roberts (437)	Unattached	55.28	M	O40
138	Kate Sergeant (138)	Claremont R.R.	55.29	F	
139	David Armstrong (453)	Concordia Runners & Pedelle	55.29	M	O50
140	Katie Jones (492)	North Shields Poly	55.3	F	O35
141	Terry Mc Cabe (262)	Blyth RC	55.32	M	O60
142	Gail Bell (276)	Sedgefield Harriers	55.34	F	
143	Andy Middleton (110)	Elswick Harriers	55.35	M	
144	Philip Hindmarsh (9)	Blackhill Bounders	55.41	M	O40
145	Suzanne Hunter (237)	Blyth RC	55.45	F	O35
146	Iain Singer (229)	Blyth RC	55.46	M	
147	Christopher Shipman (43)	Unattached	55.51	M	
148	Michael Brown (466)	Unattached	55.54	M	
149	Paul Rea (321)	Saltwell Harriers	55.57	M	
150	Ian Maddison (67)	Ryton Triathlon Club	56.08	M	O40
151	Nigel Mills (207)	Unattached	56.15	M	O50
152	Steven McMahan (21)	Unattached	56.27	M	
153	Alan Purvis (15)	Unattached	56.31	M	O40
154	Linda Smith (143)	Tynedale Harriers	56.41	M	
155	Diane Chaney (380)	Ryton Triathlon Club	56.44	F	O45
156	Fred Wood (374)	Sunderland Strollers	56.45	M	
157	Steve Cowen (77)	Unattached	56.46	M	O40
158	Matt Forrest (488)	Unattached	56.47	M	
159	Denise Tunstall (370)	Teesdale AC	56.49	F	O45
160	Andrew Hughes (296)	Morpeth Harriers	56.5	M	O40
161	Paul O'hara (87)	PB Fitness	56.55	M	
162	Richard Thomson (306)	Morpeth Harriers	56.57	M	O40
163	Janet Raper (50)	Newton Aycliffe AC	57.02	F	O45
164	Stephen Mc Coy (25)	Unattached	57.04	M	O40
165	Mike Wood (440)	Unattached	57.07	M	O40
166	Ian Jurowski (408)	Unattached	57.08	M	
167	Brian Usher (291)	Aurora Harriers	57.13	M	O50
168	Jill Ferguson (310)	Unattached	57.14	F	O45
169	Ashleigh Thorpe (172)	Sunderland Strollers	57.16	F	
170	Ian Corner (140)	Morpeth Harriers	57.17	M	O40
171	Angela Telford (201)	Blaydon Harriers	57.27	F	O45
172	Gary Lynch (497)	Billingham Marsh House Har	57.3	M	O40
173	Karen Houghney (18)	North Shields Poly	57.32	F	O35

174	Neville Duncan (357)	Unattached	57.45	M	
175	Billy Raine (290)	Aurora Harriers	57.5	M	O50
176	John Sutcliffe (382)	North Shields Poly	57.57	M	
177	Samuel Bridgewater (426)	Unattached	57.59	M	O40
178	Andy Pike (55)	Unattached	58.03	M	O40
179	Rosie Sims (124)	Sedgefield Harriers	58.05	F	
180	Dawn Palmer (335)	Blyth RC	58.11	F	O35
181	Paul Hughes (127)	Claremont R.R.	58.14	M	
182	Ian Wilkinsion (236)	Unattached	58.19	M	
183	Clare Anderson (168)	Sunderland Strollers	58.27	F	O35
184	Paul Barnett (123)	Sedgefield Harriers	58.29	M	
185	John Bentley (278)	Billingham Marsh House Har	58.3	M	O40
186	Jane Raper (60)	Billingham Marsh House Har	58.33	F	O35
187	Valerie Wilson (26)	Claremont R.R.	58.43	F	O45
188	Luke Scorer (366)	Unattached	58.47	M	
189	Dawn Cooper (213)	Unattached	58.5	F	
190	Jonathon Kisler (224)	Sunderland Strollers	59.01	M	O40
191	Leanne Herron (268)	Blyth RC	59.03	F	
192	Warren Jobson (473)	Derwentside AC	59.06	M	O40
193	Darren Snaith (98)	Unattached	59.11	M	
194	Laurence Hutchinson (369)	Unattached	59.12	M	
195	Alyson West (153)	Sunderland Strollers	59.13	F	O35
196	Phil Keegan (427)	Unattached	59.13	M	O40
197	Andrea Clarke (52)	PB Fitness	59.14	F	O35
198	Catherine Young (274)	Blyth RC	59.15	F	O45
199	Kim Taylor (305)	Stocksfield Striders	59.15	F	O45
200	Stephanie Bingham (145)	Tynedale Harriers	59.24	F	O35
201	Mike Kenyon (491)	Durham City	59.27	M	O40
202	Andrew Reay (227)	Unattached	59.32	M	
203	Dougie Nisbet (478)	Elvet Striders	59.37	M	O40
204	Debra Goddard (180)	Elvet Striders	59.38	F	O35
205	Carl Hudson (3)	Unattached	59.4	M	
206	Paul Scrafton (516)	Claremont R.R.	59.45	M	O50
207	Janet Mc Rae (101)	Newton Aycliffe AC	59.51	F	O45
208	Craig Lightfoot (355)	Billingham Marsh House Har	59.52	M	O40
209	Jeff Henderson (391)	North East Vets	59.52	M	O40
210	Doug Michael (40)	Heaton Harriers	60.04	M	O40
211	David Buffham (218)	Unattached	60.07	M	O50
212	Stephanie Barlow (31)	Elvet Striders	60.17	F	O35
213	Bill Kirk (163)	Sunderland Strollers	60.17	M	O50
214	Nina Mason (6)	Elvet Striders	60.23	F	O35
215	David Mc Elhenny (300)	Hardley Runners	60.29	M	O50
216	John Mackay (41)	Unattached	60.38	M	O50
217	Susan Wallace (343)	Sedgefield Harriers	60.39	F	O35
218	Jill Kisler (225)	Sunderland Strollers	60.45	F	
219	Paul Lewins (28)	Sunderland Strollers	60.45	M	
220	Brian Diver (431)	Unattached	60.47	M	O40
221	Stephen Kisow (548)	Unattached	60.48	M	
222	Ralf Dickenson (255)	Blyth RC	60.51	M	O50
223	Simon Auty (16)	Unattached	60.54	M	
224	John English (409)	Unattached	60.56	M	O50
225	James Thompson (287)	Unattached	61.05	M	O40
226	David Legg (132)	Northumberland Fell Runners	61.07	M	O40
227	Alan Smith (1)	Elvet Striders	61.08	M	O60
228	Bryan Hodgson (542)	Sunderland Strollers	61.08	M	
229	Andrew Mc Intosh (24)	North Shields Poly	61.17	M	
230	Chris Foster (38)	Newton Aycliffe AC	61.23	M	O50
231	David Partrum (325)	Unattached	61.25	M	O40

232	Ron Ingram (260)	Blyth RC	61.3	M	O50
233	Jez Makin (222)	Unattached	61.33	M	O40
234	John Young (194)	Newton Aycliffe AC	61.34	M	O50
235	Jason Mcgray (494)	Unattached	61.36	M	
236	Frank Coffield (302)	Elvet Striders	61.51	M	O60
237	Andrew Wilson (345)	Unattached	61.53	M	O40
238	Gary Coulter (341)	Durham City	62.07	M	O50
239	Julie Lemin (269)	Blyth RC	62.13	F	
240	Sam Judson (524)	Unattached	62.15	M	
241	Allen Mulliss (20)	Heaton Harriers	62.22	M	O50
242	Kay Stokes (193)	Billingham Marsh House Har	62.3	F	O45
243	Ian Gibson (519)	Tynedale Harriers	62.34	M	O50
244	Joanne James (326)	Sedgefield Harriers	62.36	F	O35
245	Daniel Monk (144)	Elswick Harriers	62.38	M	
246	Chris Francis (230)	Tynedale Harriers	62.39	M	O50
247	Alexander Shiel (344)	Unattached	62.4	M	O50
248	Christine Baudouin (206)	Gateshead Harriers	62.42	F	O45
249	Lisa Macdonald (513)	Saltwell Harriers	62.47	F	O35
250	Deborah Hicks (35)	Unattached	62.5	F	
251	Kenny Mc Cormick (105)	Claremont R.R.	62.53	M	O50
252	Chris Newsome (495)	Unattached	62.54	M	O40
253	Lucy Sill (387)	Morpeth Harriers	63.1	F	
254	Steven Foley (493)	Unattached	63.13	M	O40
255	Douglas Ball (48)	Low Fell RC	63.22	M	O50
256	Gary Davies (5)	Elvet Striders	63.23	M	
257	Susan Black (181)	Tynedale Harriers	63.24	F	O35
258	John Little (465)	Unattached	63.26	M	O50
259	Frank Strand (411)	South Shields	63.31	M	
260	Thomas Hitchen (120)	North Shields Poly	63.33	M	O40
261	Nick Lawton (235)	Billingham Marsh House Har	63.35	M	O40
262	David Reed (304)	Fetch Everyone RC	63.41	M	O40
263	Jean Bradley (30)	Elvet Striders	63.53	F	
264	Nathan Sankar (420)	Unattached	64.03	M	O50
265	Jane Ives(188)	Elvet Striders	64.06	F	O35
266	Martin Scott (186)	Northumberland Fell Runners	64.06	M	O40
267	Jo Edwards (90)	Unattached	64.11	F	O35
268	Terry Hart (258)	Blyth RC	64.13	M	O60
269	Caroline Judson (523)	Unattached	64.14	F	
270	Lisa Taylor (246)	Derwentside AC	64.16	F	O35
271	Peter Clarke (51)	Unattached	64.25	M	O40
272	Stephen Allen (546)	Sunderland Strollers	64.27	M	
273	Sven Schierig (432)	Unattached	64.29	M	O40
274	Mark Small (182)	North Shields Poly	64.33	M	
275	Maureen Bartrum (324)	Unattached	64.34	F	O35
276	Graham Wood (277)	Unattached	64.44	M	O40
277	Lucy Courtney (496)	Unattached	64.47	F	O35
278	Gordon Mcgough (354)	Unattached	64.49	M	
279	Susan Walker (234)	Billingham Marsh House Har	64.5	F	O45
280	Andrew Loughney (19)	North Shields Poly	64.56	M	O40
281	Steven Wheat (378)	Unattached	65.01	M	O50
282	Roberto Marchegiani (7)	Unattached	65.05	M	
283	Susan Wilson (112)	Elswick Harriers	65.11	F	O35
284	Philippa Earle (422)	Unattached	65.2	F	
285	Sid Rudd (119)	Billingham Marsh House Har	65.25	M	O60
286	Bridget Broadhurst (146)	Tynedale Harriers	65.31	F	O45
287	Ian Mcmillan (177)	Unattached	65.36	M	O40
288	Linda Hughes (365)	Stocksfield Striders	65.42	F	O45
289	Angie Crown (267)	Blyth RC	65.5	F	O35

290	Sue Urwin (70)	PB Fitness	65.53	F	O45
291	Lynn Boardman (400)	Hazen Harriers	65.56	F	O45
292	Lucinda Richardson (469)	Unattached	65.58	F	
293	Jason Taylor (245)	Unattached	66	M	
294	Mary Coffield (303)	Elvet Striders	66.05	F	O55
295	Simon Holdsworth (424)	Unattached	66.09	M	
296	John Mulligan (102)	Billingham Marsh House Har	66.1	M	O70
297	Helen Schofield (520)	Unattached	66.13	F	
298	Victoria Mills (347)	Unattached	66.24	F	
299	Joanne Dunby (460)	Houghton & Peterlee AC	66.39	F	O35
300	Laleg Brown (113)	Elswick Harriers	66.46	F	O45
301	Marcus Hesler (13)	Unattached	66.51	M	
302	Jeff Bowe (472)	Unattached	66.56	M	O40
303	Martin Mulgrew (521)	Unattached	67.13	M	O40
304	Paul West (476)	Sunderland Strollers	67.14	M	O40
305	Michelle Hedley (330)	Billingham Marsh House Har	67.15	F	O35
306	Helen Brown (199)	Sunderland Strollers	67.2	F	
307	Jill Van Lieshout (435)	Unattached	67.29	F	O45
308	Paul Van Lieshout (436)	Unattached	67.3	M	O50
309	Nick Arthur (169)	North Yorks Police AA	67.39	M	O40
310	Michael Ewing (429)	Unattached	67.44	M	O40
311	Maggie Latham (362)	Unattached	67.45	F	O35
312	John Cosgrove (543)	Sunderland Strollers	67.52	M	O50
313	Victoria Cuthbertson (93)	Saltwell Harriers	67.54	F	
314	Gemma Steinlet (480)	Unattached	67.55	F	O35
315	Peter Chapman (467)	Unattached	67.56	M	O40
316	Aynsley Herron (259)	Blyth RC	68.03	M	O40
317	Anne Kirk (164)	Sunderland Strollers	68.17	F	O45
318	Michael Wilson (356)	Unattached	68.29	M	O50
319	Petra Carlsson-mitchell (475)	Unattached	68.44	F	O35
320	Geoff Hedley (78)	Unattached	69	M	
321	Dawn Hunter (111)	Unattached	69.1	F	O45
322	Peter Braney (392)	Billingham Marsh House Har	69.12	M	O70
323	Jim Nicholson (79)	Elvet Striders	69.22	M	
324	Stuart Bruce (23)	Morpeth Harriers	69.28	M	O40
325	Jeff Emmerson (171)	Elswick Harriers	69.3	M	O50
326	Ken McDonald (332)	South Shields	69.44	M	
327	Kirsty Anderson (529)	Saltwell Harriers	69.48	F	
328	Andrew Hunter (238)	Blyth RC	69.53	M	O40
329	Malcome Pearce (372)	Unattached	70.12	M	
330	Lisa Hollifield (346)	Billingham Marsh House Har	70.18	F	O35
331	Sue Walker (273)	Blyth RC	70.33	F	O45
332	Jeff Clark (433)	Jarrow & Hebburn AC	70.4	M	
333	Deborah Clift (89)	Billingham Marsh House Har	71.07	F	
334	Lesley Foster (167)	Sunderland Strollers	71.13	F	O35
335	Terry Topping (156)	Sunderland Strollers	71.15	M	O40
336	Denise Ford (533)	Saltwell Harriers	71.36	F	
337	Clare Westwood (385)	Sedgefield Harriers	71.38	F	O35
338	Thomas Waggott (141)	Unattached	71.44	M	O50
339	Juliet McGilligan (297)	Unattached	71.5	F	O35
340	Harold Fern (47)	North Shields Poly	71.53	M	O60
341	Gillian Donaldson (17)	Saltwell Harriers	71.58	F	O35
342	Jo Lally (498)	Unattached	72.02	F	O35
343	Jocelyn Smith (100)	Blyth RC	72.08	F	O45
344	Helen Rogers (363)	Unattached	72.2	F	O35
345	Linda McDermott (339)	Unattached	72.24	F	
346	Sarah Welsh (148)	North Shields Poly	72.26	F	O35

347	Stephen Dormer (474)	Unattached	72.3	M	O40
348	Sharon Richardson (271)	Blyth RC	72.37	F	O45
349	Peter Banks (252)	Elyth RC	72.38	M	O40
350	Viv Ferrier (192)	Unattached	73.08	F	O55
351	Joanne Straughan (272)	Blyth RC	73.15	F	O35
352	Sandra Little (423)	Unattached	73.19	F	O45
353	Jane Gibson (520)	Tynedale Harriers	73.19	F	O45
354	Helene Beaugy (187)	Unattached	73.27	F	
355	Christine Oliver (435)	Billingham Marsh House Har	73.3	F	O35
356	Nicky Butler (390)	Unattached	73.5	F	O45
357	Alison Lowes (270)	Blyth RC	74.3	F	
358	Jenny De Bruin (499)	Unattached	75	F	O35
359	Tricia Goodwin (122)	Blyth RC	75.2	F	O55
360	Steve White (216)	Low Fell RC	75.3	M	O40
361	Paul William Smith (97)	Crook AC	75.3	M	O40
362	Ian McGrath (443)	Crook AC	75.3	M	
363	Neil Hoban (14)	Unattached	75.6	M	
364	John Ridley (340)	Unattached	76.1	M	O50
365	Erika Enisz (170)	Billingham Marsh House Har	76.2	F	O65
366	Sarah Hodgson (446)	Unattached	76.3	F	
367	Christopher Robson (445)	Unattached	76.3	M	
368	Leslie Patrick Gordon (92)	Billingham Marsh House Har	76.5	M	O60
369	Nigel Cook (88)	Unattached	77.2	M	O40
370	George Mccourt(337)	PB Fitness	77.4	M	O70
371	Melissa Mc Pherson (61)	Chester-le-Street	77.4	F	
372	Hannah Reay (228)	Unattached	77.5	F	
373	Penny Wilson (114)	Unattached	78.2	F	
374	Kelly Sugden (133)	Unattached	78.2	F	
375	Kirsten Francis (231)	Unattached	78.6	F	O45
376	Simon Coldwell (85)	Unattached	79.6	M	
377	Diane Leachman (244)	Unattached	80	F	O35
378	David Wright (233)	Tynedale Harriers	80.2	M	O70
379	Patrick Kelly (147)	Birtley AC	81.1	M	O40
380	Cate Hilton (243)	Unattached	82.2	F	O45
381	Penny Wallace (327)	Unattached	83.5	F	O55
382	Violet Diver (430)	Unattached	84.4	F	O45
383	Kim Trenholm (115)	Unattached	91.2	F	O45
384	Carol Johnson (116)	Unattached	91.2	F	
385	David Coldwell (84)	Unattached	92	M	O60
386	Elizabeth Mchugh (457)	Unattached	92.4	F	O35
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