

BLACKHILL BOUNDERS

15th FRUIT BOWL TRAIL RACE

SUNDAY 6th NOVEMBER 2011 : 10.00 am

Licence No 2011-102086



Sponsored by



Venue: GIBSIDE ESTATE (GPS NE16 6 BG)
Location : ROWLANDS GILL 7 Miles Southwest of
 NEWCASTLE- UPON- TYNE , Just follow the signs
 for GIBSIDE CHAPEL AND GROUNDS.
LIMITED PARKING AVAILABLE
Please Car Share , Minibuses and Coaches
welcome (Notification needed prior event date)
Gates open from 8.15am
 WC,Changing space & refreshments available
 Sorry no showers

Course : One Lap, *ITS NOT FLAT*, On good tracks &
 paths, but unsuitable for pushchairs and wheelchairs
 Very scenic. Passing all the Estates Landmarks.
Distance: APROXIMATELY 6 MILES *NOT FLAT*
Prizes: FIRST 3 MALES, FIRST 3 FEMALES
 VARIOUS VETS CATEGORIES
 Numbers will be sent out week prior to race date.
 PROCEEDS TO NATIONAL TRUST RESTORATION
 OF GIBSIDE LANDSCAPE PARK

Entry Fee England Athletics . £12.00 Unatt. £14.00 Cheques payable to: "Blackhill Bounders"
Mail to: Sue Shaw, Shotley Villa West, The Terrace, Shotley Bridge, Co Durham DH8 0EY
Closing date: 21st October 2011 – Entries limited to 500 (*enter early as it's usually oversubscribed*)
Any enquiries to Sue Shaw (Blackhill Bounders) on 01207 503068 or email sue.shaw@zen.co.uk
Goody bag for runners. Check for race updates on www.blackhillbounders.com

ABSOLUTELY NO ENTRIES ON THE DAY

...  Tear along line and send the form below ... 

Forename Surname

Address

Email address (optional).....

Male	Female	Age
<input type="text"/>	<input type="text"/>	<input type="text"/>

Club..... Registration number.....
 Are you a National Trust Member? Yes No Are any of the people accompanying you on the day National Trust members? If so how many?

Please indicate how you plan to travel to the event

Own Car Car Share By foot /Public Transport Club Minibus/Coach

Entry fee enclosed £..... and a separate 9"x 4" SAE with the correct postage charge. Race numbers cannot be collected on the race day or by any other method.

I am over 17 years of age and fit to run and understand that the organisers will in no way be held responsible for any injury, damage or loss during this event.

Signed.....(Parent/guardian if under 18) Date

The information you provide may be used to keep you informed of relevant activities, products and services.
 (Data protection Act 1984) Please tick if you do not wish to receive such information